

growing

a caring community



Thank you!

Thank you for reaching out and helping support the Father Lacombe Care Foundation. This past year has been focused on residents programs that support and encourage involvement, socialization and enjoyment; providing equipment that helps residents keep their mobility and ability to remain physical; and to live by our Catholic values by feeding the soul spiritually with faith and understanding. We are grateful for your gifts of support.



Program Funding



Our Recreational Teams and Staff provided a wonderful holiday season at both Father Lacombe and Providence Care Centres. The Centres were decorated for the festive season and many of you helped make our Winter Wonderland a success by donating funds, Christmas trees and treats, decorations, lights and Christmas inflatables.

Christmas virtual visits and concerts, Secret Santa deliveries and small group parties were held. At Father Lacombe Care Centre, every resident received a Christmas card personalized with their name on it made by Dijana Vidra's (Director of Care) daughter Marta and her four children, Enzo, Dante, Julian and Alia. Also, cards of well wishes and a hand print poster came from BrightPath Southwood Day Care Centre, East Miss Shelley (Room 3).



Providence Care Centre residents had a busy holiday season with entertainment from by Theatre Calgary who provided a virtual rendition of "A Christmas Carol. Thank you kindly to the Calgary Music Makers who performed 'virtually' for our residents which ended with a cup of hot chocolate and homemade banana bread. Garderie de Pomme School students wanted to give back to the community and "cheer up seniors". In collaboration with the Supportive Living Care Team staff and Recreation Therapists, provided hand-made decorations for the residents. A special thanks to Maria Dominguez who led a handful of youth from the Calgary Diocese Youth Chapter, creating Christmas decorations. The Calgary Music Academy also provided a virtual concert filled with festive music. 2021 was brought in with a party and treats such as fresh fruit platters and a variety of goodies for our residents—there was even a disco ball in the Main Lobby!



Keeping residents engaged and entertained is so important during this time when being isolated from loved ones. One to one resident activities, small group get togethers and face time visits are currently the main focus of programs. Bingo, woodworking, art and exercise classes, indoor gardening sessions, along with music therapy continues. Spring and summer activities are currently being planned . . . our new bus has arrived!



Equipment

The past year has been difficult for all and has impacted the need to keep bodies active and strong. Our Recreational and Occupational Therapy teams have excelled in delivering many different types of programs to ensure our residents have the best quality of life supporting their independence and dignity. As a result, many of our residents are on an individualized therapy program plan, others enjoy exercise classes and group activities, all of which require specialized equipment.

The support you have provided for this area is sincerely appreciated and we would like to highlight the efforts of one of our supporters:



Cindy's goal is to walk across Canada in 2021. A distance of 4,473.3 kilometres or 2,779.58 miles from Victoria BC to Halifax NS as the crow flies!

At the age of 65, Cindy wanted to push herself and not stay dormant during this time of COVID-19 lockdowns. What better way to give her the incentive to keep going than to make her journey into a fundraising event. Cindy understands the need for Therapy equipment as her Mom, Winifred has been living at Providence Care Centre for 3 years. Cindy started her journey on January 1st.2021. She uses a treadmill or outdoor walks and tracks her steps with a fitbit. Funds raised will be directed for therapy equipment.

You can learn more about Cindy's campaign by going to:

www.canadahelps.org/en/charities/father-lacombe-care-centre-foundation/campaign/cindys-walk-across-canada/.

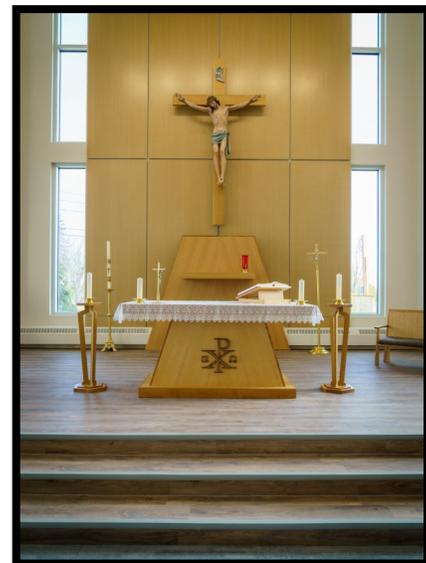
We will be following Cindy's progress and will keep you posted!



Spirituality

The pandemic has caused the cancellation of Mass, prayer groups, interdenominational services and the inspirational visits from the Sisters of Providence. Now, more than ever, our residents need their spirits lifted as months of restrictions and isolation has caused loneliness and confusion.

We look forward to the day when our new Chapel doors open to residents, family members and friends. In the meantime, Our Pastoral Team: Cassandra, Julie and Patty are offering comfort individually through emotional and spiritual visits. Individual communion, scripture readings, prayers and televised church services are being provided.



Father Lacombe Care Foundation—Update



Again, it is with sadness we announce that Evelyn Stewart has retired from the Father Lacombe Care Foundation. Her last day of service was December 23, 2020. Since 2012 Evelyn has served as Director of Fund Development. Through her hard and devoted work the Foundation has created a legacy to both the Sisters of Providence and to the Father Lacombe Care Society. For Evelyn it began with fundraising for major projects such as: Providence Care Centre, Our Lady of Providence Chapel and the Liturgical component of the new Chapel.

Evelyn was instrumental in aiding other campaigns that added to the quality of life for the residents at both Father Lacombe and Providence Care Centres: specialized equipment; recreational activities including Stampede Breakfasts, boating trips; site enhancement programs, such as the Winter Wonderland, Pandemic Relief fund (supporting staff and residents) to name a few.

THANK YOU!

Your support has touched many lives.

You are the foundation of providing a home environment for the residents in our two Care Centres. An environment in which they feel safe, secure and comfortable and provides



Father Lacombe Care Foundation
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All donations are gratefully received and tax receipts will be issued promptly for your donation.

Charitable Registration #85529 7867 RR0001