

# NEWSLETTER

## Growing a Caring Community



### A LETTER FROM PAMILA

I'd like to tell you about Edna, a remarkable woman who occasionally stops by my office to talk. Edna lives with dementia. She starts sentences but struggles to finish them, leaving her frustrated and often misunderstood. Yet she continues to seek connection.

Recently, something extraordinary happened. Edna wheeled into my office, picked up a brochure, and read it cover to cover. Then, she read the Philanthropy Report on my desk, where I mentioned anticipating a response from a family foundation for much-needed mattresses. Edna looked at me and simply said, "We need that."

Our residents and their families grapple with dementia daily. As the disease progresses, basic activities like dressing, toileting, and bathing become challenging and require assistance. Some families transition their loved ones to a continuing care residence for specialized support. For our dedicated staff, this is not without challenges, as there can be accusations of theft and unkind words. But amidst these difficulties, our team remains unwavering, serving our residents with love and dedication.

### How You Can Make a Difference:

**Join Our Community:** Follow us on Facebook and Instagram at Father Lacombe Care Society. Be part of our online community, where we share stories, updates, and glimpses of life at our care centres. Your engagement matters.

**Spread the Word:** Talk about our work with your friends and family. Share Edna's story and the impact we're making. Awareness leads to action.

**Gifts with Purpose:** Instead of traditional birthday gifts, consider suggesting donations to our cause. Every dollar counts and directly benefits our residents.

Thank you for being part of our journey. Together, we can create a more compassionate and supportive environment. Your generosity matters.

Philanthropy Leader



## Resident Spotlight on Keith

Keith, born in Moose Jaw on the day WWII ended, has been ambitious from a young age, working wherever he could to save up for a move to the city and eventually worked as a General Superintendent on a variety of high profile environmental remediation projects in Calgary. His greatest pride are his children: his son, daughter, and stepdaughter. He finds joy in watching them grow and succeed. Keith and his wife, Deb, share a love for motorcycling, having ridden through 48 states and even marrying at the Sturgis Motorcycle Rally in a campground surrounded by friends. Keith is known for his resourcefulness and curiosity and loved making art out of sheet metal and working on old cars. Keith is happiest around cheerful people and likes having fun with the care home staff, believing it makes for a better day.

## Support Our Dementia Programs!

Imagine a place where aging isn't about loss, but about rediscovery. We're **rewriting the narrative** for our **cherished seniors**. Our care centres evoke more than just a 'waiting room'—they are vibrant spaces where residents find comfort, engage in meaningful activities that enrich their days, and connect with others.

As the **demand for continuing care grows** and dementia rates rise, we're on a mission to engage our residents like never before. And here's where you come in: **Join us** in supporting our **'Programs that Keep Brains Active.'** Your contribution fosters community, and transforms lives. Together, we'll create a brighter, more fulfilling chapter for our seniors—one that celebrates resilience, companionship, and the joy of living.

---

## Activity Blanket Donation



We're excited to share that the Telus Ambassadors have donated knitted blankets and special activity blankets for our residents with dementia. These gifts provide warmth and mental stimulation, enhancing our residents well-being. Thank you, Telus Ambassadors, for your generosity! We are so grateful for your care and support.



Our residents are enjoying every moment with a variety of fun and engaging activities. From art and crafts to outdoor fun, their smiles say it all!



# MITCH HERZOG - A LEGACY DONOR



*A photo of Mitch out on his family farm*

We received notification that Mitch Herzog has left a remarkable legacy through his generous monetary gift to Father Lacombe Care Foundation to be utilized towards the Providence Care Centre.

Mitch's parents Bob and Gloria, who have since passed, called Providence Care Centre home in their later years, and Mitch was deeply grateful for the exceptional care they received there. Mitch was known for his adventurous spirit, love of farming and all things with wheels and engines. Mitch was devoted to his loving wife Karen, family, and friends and made time for his loved ones, embodying kindness and generosity in every aspect of his life.



*Mitch's tractor on his farm*

Mitch passed away peacefully on November 19, 2023, surrounded by his dedicated and loving wife Karen and family. To honour Mitch and other future donors who choose to leave a legacy gift, we are establishing a legacy donor wall at Providence Care Centre. This wall will serve as a lasting tribute to those who have made a significant impact on our community through their generosity and kindness.

## STAY CONNECTED WITH US!

Follow us on Instagram, Facebook, and LinkedIn for the latest updates, behind-the-scenes stories, and more from Father Lacombe Care Society. Join our online community and stay engaged with all the wonderful things happening at our care centres!



Instagram: @FatherLacombeCareSociety or <https://bit.ly/FLCSInstagram>



Facebook: <https://bit.ly/FLCSFacebook>



LinkedIn: <https://bit.ly/FLCSLinkedIn>

Pamila Fonseca, Philanthropy Leader 403-254-6280  
Nicole Larson, Philanthropy Coordinator 403-254-6281  
270 Providence Boulevard SE, Calgary AB T2X 0V6